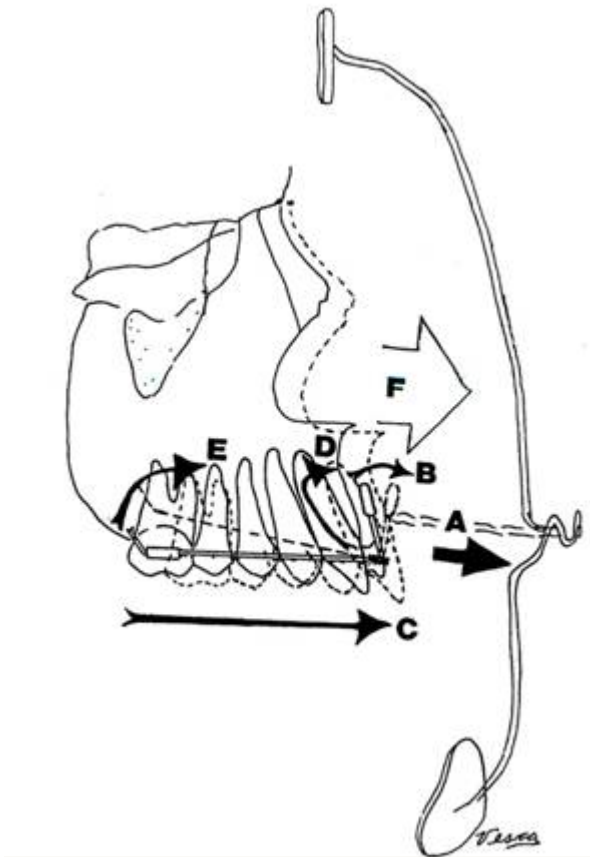




L E N K  
O R T H O D O N T I C S

**Face Mask and Growth Modification**



**Instructions**

1. Attach the first rubber band to one of the hooks located inside the mouth.
2. While holding onto the vertical bar of the facemask, stretch the rubber band forward and attach it to the horizontal elastic attachment located directly in front of the patient's mouth.
3. Repeat this process on the other side of the mouth.
4. Wear appliance as much as possible: the goal is 14hours
5. Only wear the appliance at home. Do not wear this appliance during times associated with physical activity (i.e. rough play, dancing, sports, etc.). Also avoid pulling the appliance away from the face—the rubber band attachments will cause the appliance to return towards the face at a high force.